## , Manchester Post Basic Dysphagia Course

## Log of 40 hours dysphagia patient-centred clinical work with access to your supervisor

Student's name: Jane Smith Student number: 12N16

| Date | Type of Intervention/supervision | Learning outcome | Time spent | Cumulative time |
| :---: | :---: | :---: | :---: | :---: |
| d/m/y | Observation of clinician giving feedback to client and relatives | How to modify language to facilitate understanding and compliance with recommendations. | 20 mins | 20 mins |
| d/m/y | Discussion with clinician on the subject of MDT input. | Gained greater insight into how the overall presentation of a child (muscle tone and spasticity) impacts the oral-motor function of a child and the sub-systems of speech. <br> Appropriate seating and posture is essential to improving oral stability. <br> Linking with other disciplines to discuss seating a posture issues is necessary for good therapeutic outcomes. | 15 mins | 35 mins |
| d/m/y | Took case history from relatives. | Important to gain knowledge of longstanding and acute swallow difficulties and how these, together with underlying medical condition may affect long term therapy/ management. | 20 mins | 55 mins |
| d/m/y | Initial assessment | Patient refused to give consent. Learnt about the importance of clearly explaining my role and how I could help. | 15 mins | 1 hour 10 mins |
| d/m/y | Observation of supervisors session, moving a person onto more complex textures | Management of risk versus the person's quality of life. Weighing up the benefits and burdens, with due consideration to person, relative and medical perspective. | 45 mins | 1 hour 55 mins |
| d/m/y | Observation of supervisor's assessment | Feel confident to palpate larynx now, where and what to feel for. | 45 mins | 2 hours 40 mins |
| d/m/y | Joint session with physio | Flexed positioning in chair produced not only stable limb movements, jaw opening and (for the first time) speech, within minutes. Reinforced the need for supported positioning. | 1 hour | 3 hours 40 mins |
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