

Log of 32 hours dysphagia-related, but not patient-specific, activity

(i.e. literature, courses, meetings)

Student's name: Jane Smith Student number: 12N16

Data	A ativity	Learning outcome	Time	Cumulative
Date	Activity	Learning outcome	spent	time
d/m/y	Review of supervisor's report	How to write report that encompasses the theory behind the assessment and write the therapy exercises that are meaningful for carers.	30 mins	30 mins
d/m/y	Read "name of article"	Understand that swallow may deteriorate/fatigue over time and therefore need to assess patient over a significant time period and at different points in the day, rather than during a short assessment.	25 mins	55 mins
d/m/y	Read "name of article"	Understand that patient may produce a better swallow if self-feeding rather than being fed by carer.	20 mins	1 hour 15 mins
d/m/y	Local SIG	Understood the rationale for the bedside dysphagia screen. Understood that different screens are not useful when the nurses rotate through the trusts 3 hospitals.	6 hours	7 hours 15 mins
d/m/y	Read chapter regarding instrumental examinations	Unable to access these examinations within my trust, but can refer to local hospital for these examinations. Now feel I have a greater understanding of the limitations of these tests and can refer more appropriately.	45 hours	8 hours
d/m/y	Read Trust policies	Able to use appropriately the Trust risk assessment policy to support my recommendations for intervention and therapy.	1 hour 10 mins	9 hours 10 mins
d/m/y	Met with the Unit cook to discuss meal consistencies	Able to reach mutual understanding of restrictions on both professional groups. Able to reach a compromise on the diet recommended as a result of the individuals swallowing assessment within the availability of the menu.	35 mins	9 hours 45 mins